Developing a cohesive person centred nursing curriculum

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The plan...

- The relevance of person centred nursing framework to nursing education (Prof. T. McCance)
- Person Centeredness in nursing curricula-implications of a meta-synthesis (Deirdre McNamee)
- Constructing a person centred nursing curriculum
- Translating person centeredness into practice learning
- Discuss as we go and questions afterwards
The relevance of the person centred nursing framework to nursing education,

Professor Tanya McCance
It is!
Principles of person-centred care

- Treating people as individuals
- Respecting their rights as a person
- Building mutual trust and understanding
- Developing therapeutic relationships
Person-centred Nursing Framework
(McCormack & McCance 2006)
The PCN Framework

CARE ENVIRONMENT
The context in which care is delivered

CARE PROCESSES
Delivering care through a range of activities

PREREQUISITES
Attributes of the nurse

OUTCOMES
Results of effective person-centred nursing
Prerequisites

- Professionally competent
- Developed interpersonal skills
- Commitment to the job
- Clarity of beliefs & values
- Knowing ‘self’
Care environment

- Appropriate skill mix
- Shared decision making systems
- Effective staff relationships
- Supportive organisational systems
- Power sharing
- Potential for innovation & risk taking
- The physical environment
Person-centred processes

- Working with patient’s beliefs and values
- Engagement
- Having sympathetic presence
- Sharing decision making
- Providing Holistic Care
Outcomes

- Satisfaction with Care
- Involvement with Care
- Feeling of Well-Being
- Creating a therapeutic Culture
Conceptual Development

- Conceptual origins are located in PhD work
- Collectively, they represented a synthesis of the then available literature on caring and person-centredness (McCormack & McCance 2006).
- The focus is on developing therapeutic relationships
Use of the framework in practice

- To promote an understanding of person-centred care
- To analyse barriers to change
- As an aid for reflection
- To focus the implementation and evaluation of developments in practice
- To inform strategy
"Initially person-centred nursing is like finding those perfect 'Jimmy Choo' shoes – they look fabulous and will solve all your fashion problems. You love them and you wear them a lot. But then they begin to pinch, the change they bring to the rest of your outfit brings uncomfortable situations and it is hard to walk with them. You want to take them off and put on your old favourites. But soon you realize that they are slowly becoming more comfortable and that these shoes really fit"
# Knowledge Interests and Person-centredness

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Education to meet all interests

- Developing Modules that help the student to:
  - Know the person
  - Know self as person/care worker
  - Know own and others limitations
  - Know the environment (micro, mezzo, macro)

- Reflecting the prerequisites, environment, processes and outcomes in modules
What next?