A Frailty Learning Pathway for Student Nurses

Wendy Burnett Clinical Nurse Specialist for Older People
Emma Worden Specialist Nurse for Older People
Learning outcomes

• To understand how we deliver frailty services and care
• To understand why and how we developed a learning pathway for student nurse
• To explore with us future opportunities
Setting the scene

- Frailty Services in Royal Cornwall Hospital and what we do
Our Frailty Service

Frailty Team

<table>
<thead>
<tr>
<th>Acute Care</th>
<th>Emergency Department</th>
<th>Acute GP</th>
<th>Geriatrician in ED</th>
<th>Frailty Assessment Unit</th>
<th>Frailty Wards</th>
<th>Trauma Unit</th>
<th>Frailty Outreach Service</th>
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- Frailty Specialist Nurses
- Onward Care Team
- Community Geriatrician access in EIS Teams and Rapid Review Clinics
Setting the scene

- Frailty Services in Royal Cornwall Hospital and what we do
- What students we met on the wards told us…

“We would like to spend some time with you to develop our knowledge and skills in the care of older people”
Setting the scene

- Frailty Services in Royal Cornwall Hospital and what we do
- What students we met on the wards told us…
- What we did…
  - Liaised with Plymouth University lecturer
  - Developed a learning programme using PDSA cycles
Student Workbook

- Introduction
- Timetable
- Background reading
- Life in the day of…
- Workbook exploring:
  - The impact of dementia
  - Mental Capacity Act
  - Common assessment
  - Continence
  - Falls / instability
  - Care home admissions
  - Delirium
  - …
<table>
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<tr>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4</th>
<th>Day 5</th>
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<tbody>
<tr>
<td>• AM/PM PLACEMENT WITH SPECIALIST NURSES FOR OLDER PEOPLE. TOUR OF UNIT, EXPLANATION OF DOCUMENTATION AND INTRODUCTION TO THE OLDER PERSONS TEAM. ATTEND MDT MEETING.</td>
<td>• AM, TEACHING WARD ROUND WITH CONSULTANT.</td>
<td>• AM/PM PLACEMENT WITH OCCUPATIONAL THERAPIST IN EMERGENCY DEPARTMENT AND MEDICAL ADMISSIONS UNIT COMPLETING FUNCTIONAL ASSESSMENTS FOR DISCHARGE AND ADMISSION AVOIDANCE.</td>
<td>• AM PLACEMENT WITH ADULT SOCIAL CARE TEAM WITHIN TRUST/ TEACHING SESSION ON SOCIAL ELEMENTS OF OLDER PERSONS STAY. • PM TIME TO COMPLETE WORKBOOK.</td>
<td>• AM TEACHING SESSION FROM CONSULTANT PSYCHIATRIST ON MENTAL CAPACITY ACT. • PM ATTENDED WARD ROUND WITH COMPLEX CARE AND DEMENTIA LIASON TEAM. TIME TO DISCUSS WORKBOOK AND UNDERTAKE EVALUATION</td>
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Evaluation

• Identification of the members of the MDT and how they contribute to a complex geriatric assessment.

• Understanding of the Mental Capacity Act.

• Understanding dementia and how to differentiate from delirium.

• The importance of accurate history taking.
• Knowing whom to contact in the community ie. Community Matrons and Specialist Nurses.
• The value of using “This is Me”.
• Underpinning of theory when using the screening tools for continence and falls.
• Would benefit a longer placement
• Would like to undertake a complex discharges
Future

Week One: Delivering Patient Centred Care
Week Two and Three: Psychological Assessment and Care
Week Four and Five: Physical Assessment and Care
Week Six: Environmental Assessment and Care
Week Seven: Social Assessment and Discharge Planning
Week Eight: Comprehensive Geriatric Assessment
A final message…

“student nurses need to be given quality education and support from expert older peoples nurses in clinical practice”
Any Questions
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